

Northern California Child Development Inc.  
 January 2015  
**Maywood Inclusion Center Newsletter**  
 Tehama County Head Start  
 561 Edith Ave  
 Corning, Ca. 96021  
 (530)-824-4941  
 Fax (530)-824-4956



## Hello Families:

Happy New Year!

The Maywood Inclusion Staff hopes all of our families enjoyed their winter break. Can you believe we are already half way through the school year?!

We have a couple more months of cold weather so please take the time to write your child's name on the inside of their jacket with permanent marker so other students

do not mistake them for their own.

Please remember to check your child's cubby daily as we put important notices to parents in them as well as your child's work.

Please make sure you have brought an extra full change of clothing to keep in your child's cubby as potty accidents are more likely to occur with the cold weather.

I would like to encourage all of our families to please sign in to our In-Kind Center Volunteer Form when checking in your child for school and helping them to wash their hands and get settled into breakfast or lunch. Each minute of volunteer work you do is so helpful to our Head Start program and is also beneficial to your child.

### Healthy Food Tips:

- Did you know?... That kids don't always take to new foods right away. Offer new foods many times. It may take up to 12 tries for a child to accept a new food.
- Children are more willing to try a new food if they learn about them first.
- You should.....Offer only one new food at a time. Serve something that you know your child likes along with the new food. Offering more new foods all at once could be too much for your child.

### Important Dates:

- Jan 10th—Pancakes with Pop @ Happy Trails Center
- Jan 14th—Parent Meeting @ 4:15pm
- Jan 15th—Policy Council 1-3pm @ Red Bluff C.O.
- Jan 16th—No School-Family Wellness Day at Corning Center 9am-11am
- Jan 19th—No School
- Jan 24th—CPR/First Aid English @ Red Bluff C.O.

## Curriculum Corner:

In this month of January we will be focusing on the theme of Community Helpers. We will be reviewing the Numbers 4,5, 6, & 7. The Shapes are

Diamond, Heart, Oval, & Rectangle. The Letters are Dd, Ee, Ff, & Gg. The Colors are Green, Orange, Light Blue, & Purple. And we are focusing on an

ABAB patterning sequence. If you can work on these things with your children at home as well that would be great!